

COACH IN EINSTEIN-STYLE, AND ENABLE QUANTUM LEAPS



**Experience the Real
Coaching Legend !**



*JEAN-FRANÇOIS HAD COACHED OVER 1,800 EXECUTIVES AND
NUMEROUS EXECUTIVE TEAMS, AND HAD BEEN INVITED TO
COLLABORATE ON LOCATION IN 45 COUNTRIES AND 6 CONTINENTS*

*OFFERS PRACTICAL IDEAS AND STRATEGIES, WHICH INSTANTLY MAKE
A POSITIVE DIFFERENCE IN PEOPLE'S LIVES AND CAREERS.*



Coach Like Einstein would and Enable Quantum Leaps! Coaching Demo

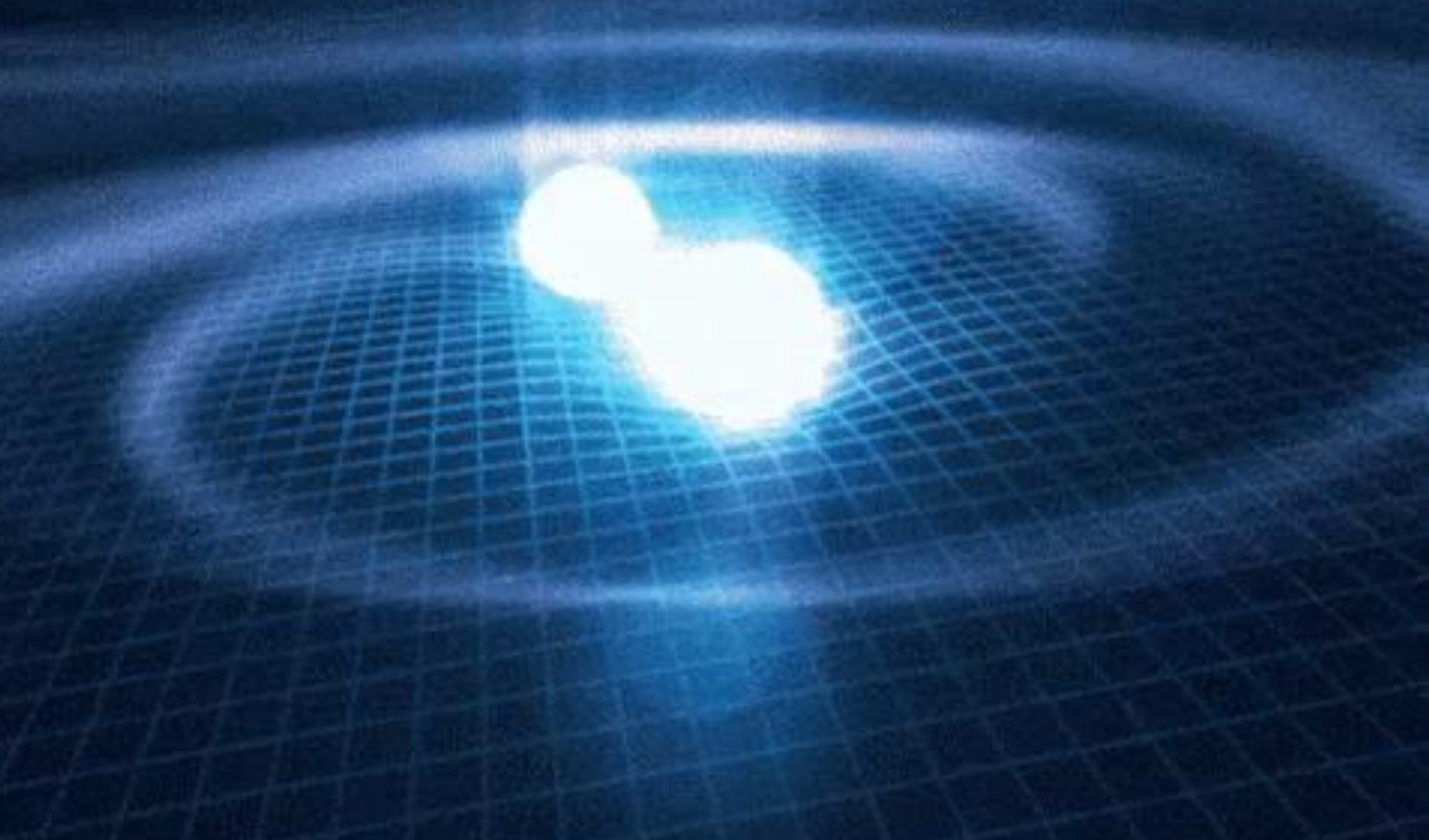
12th May 2026

Jean-Francois Cousin, MCC

Former Chairman of ICF Global Board

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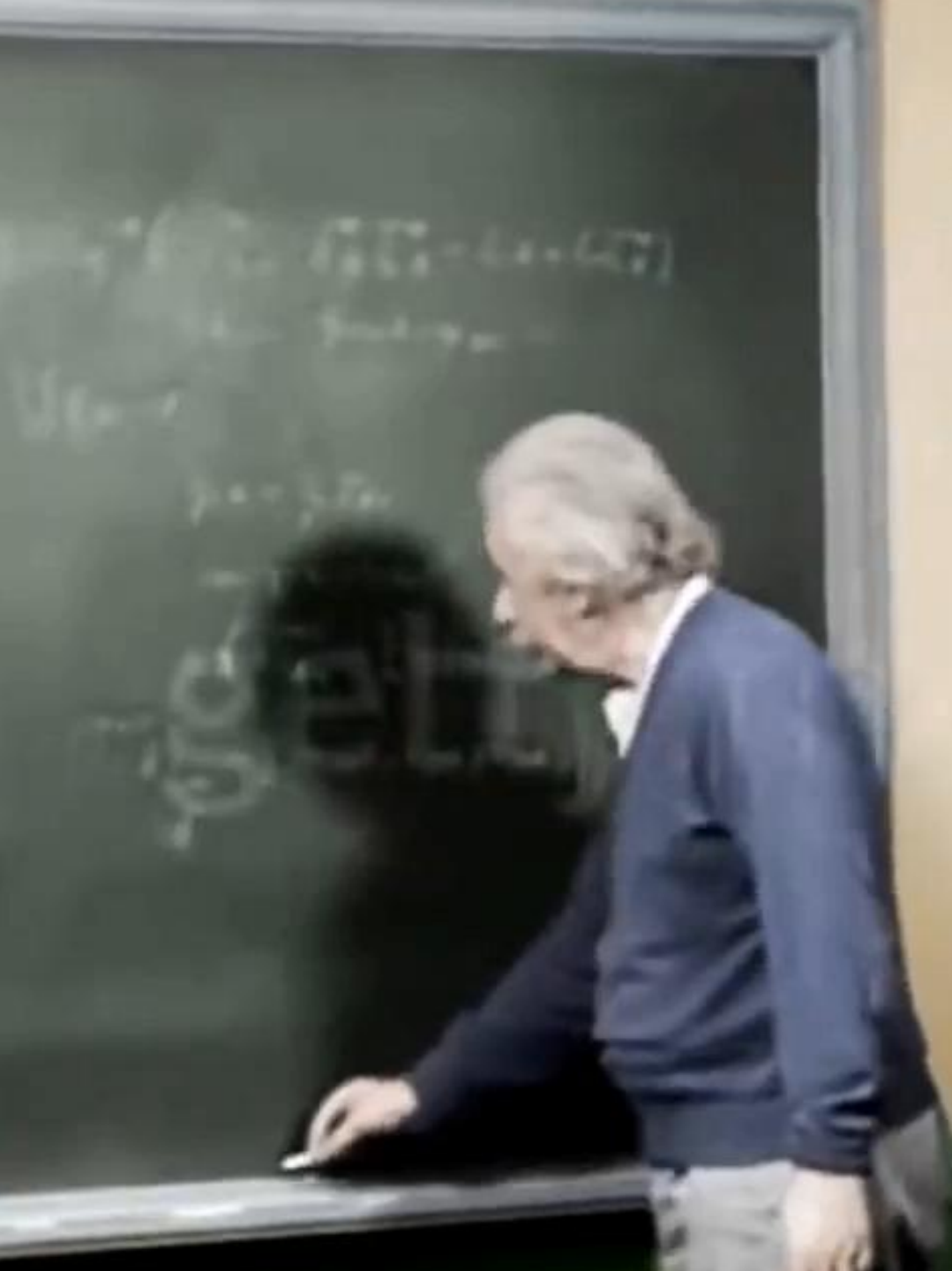
**What inner-transformation can we ignite
with our clients by listening to their energy?**



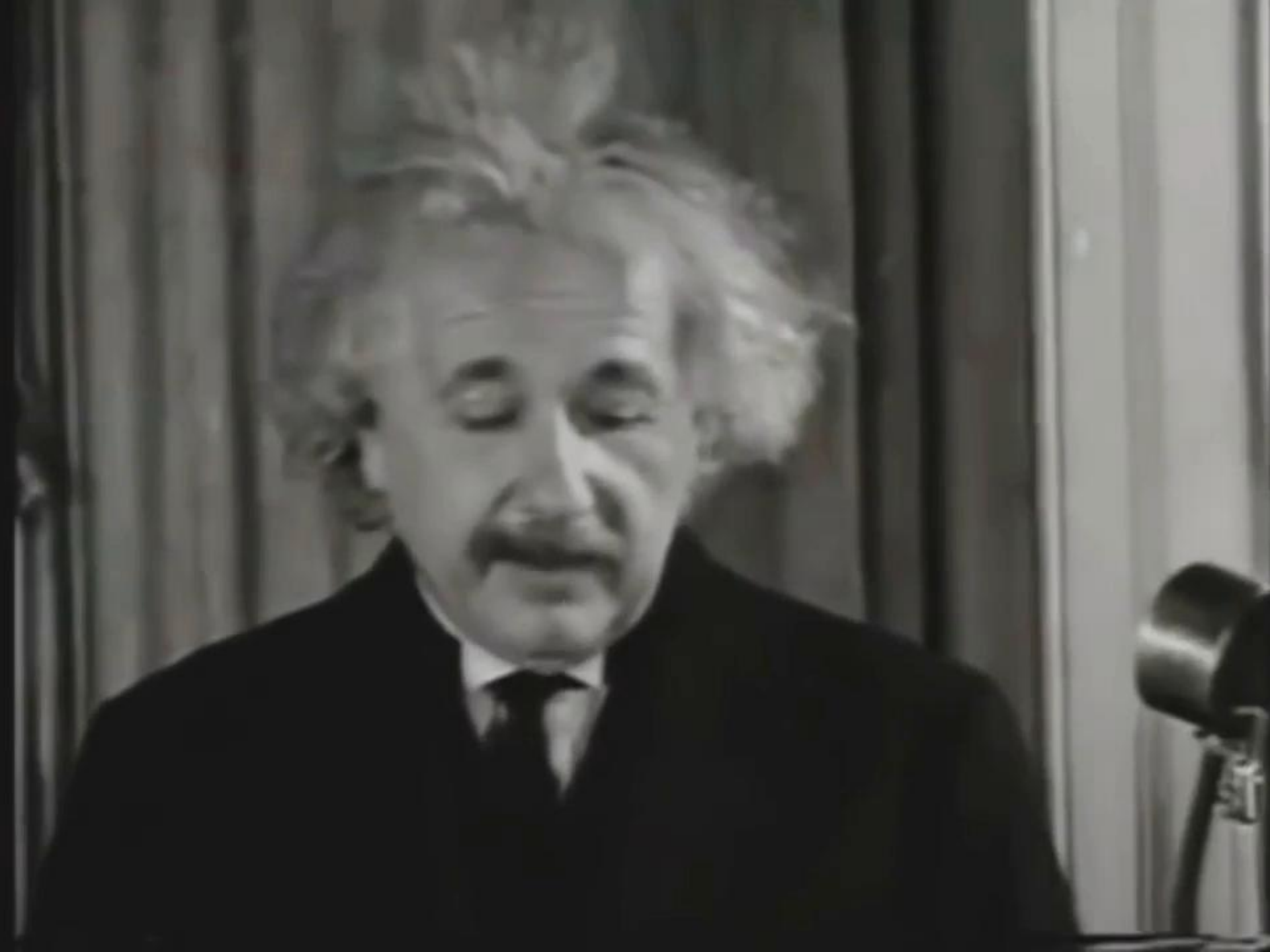
“Coach like Einstein would, and enable quantum leaps” – Jean-Francois Cousin

Trust the vibes,
energy never lies.





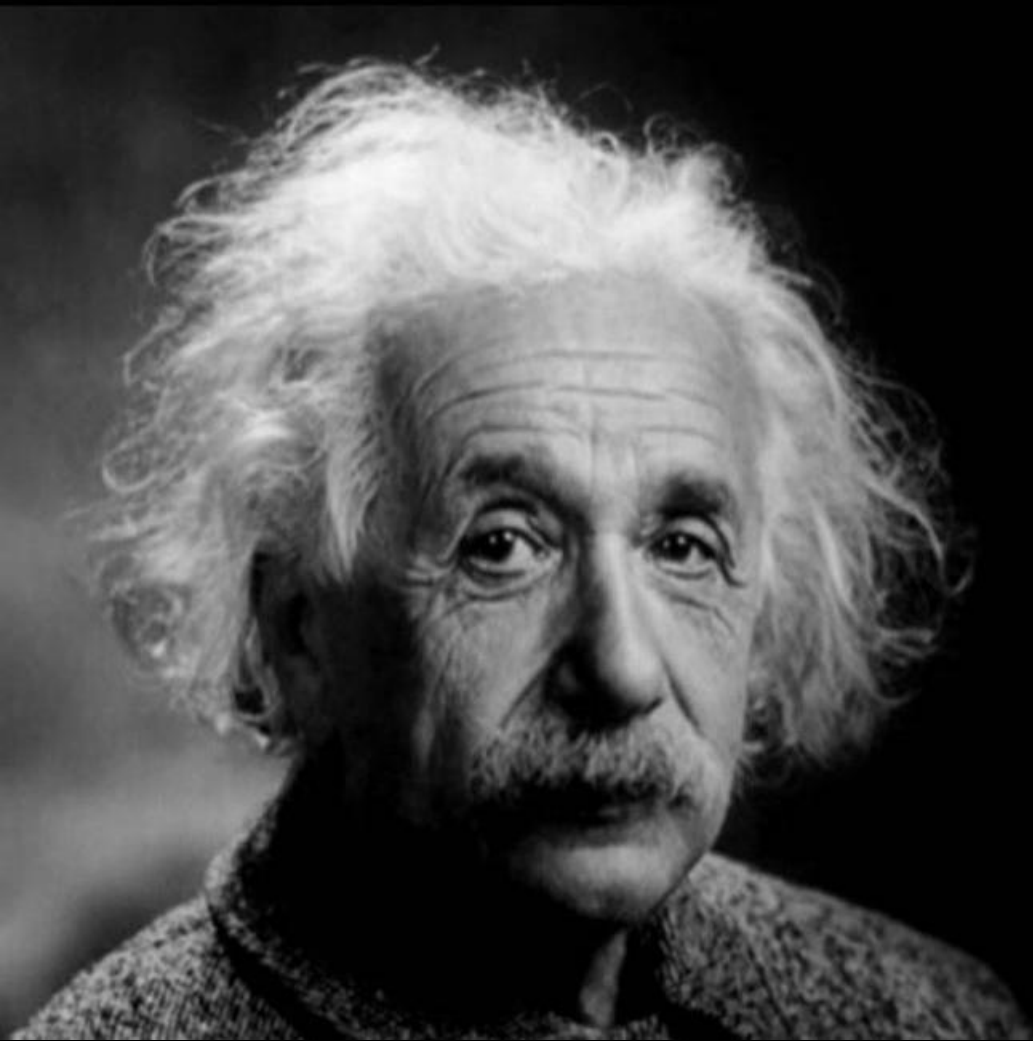






@imanojoh

the equation "E" is equal to "M C squared"

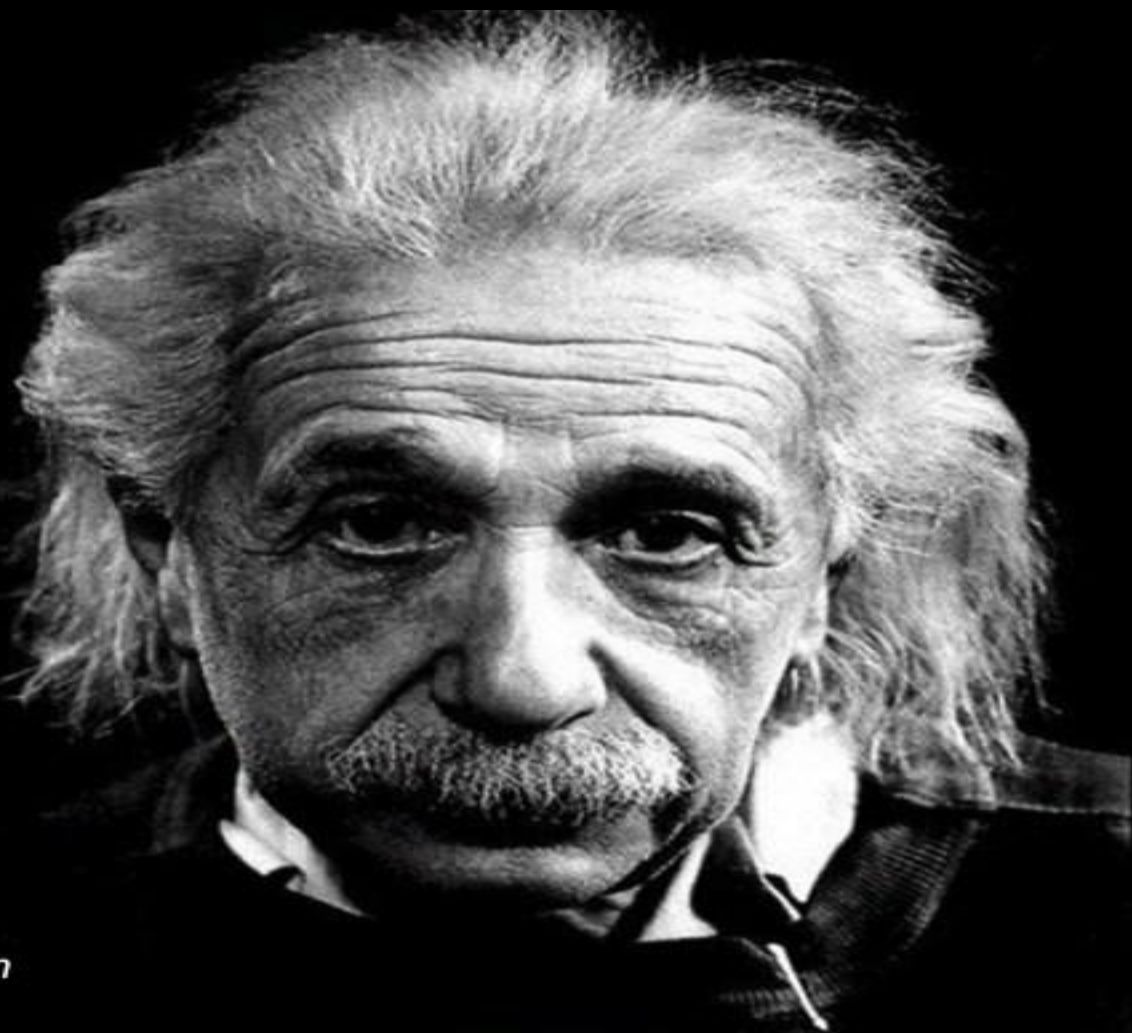


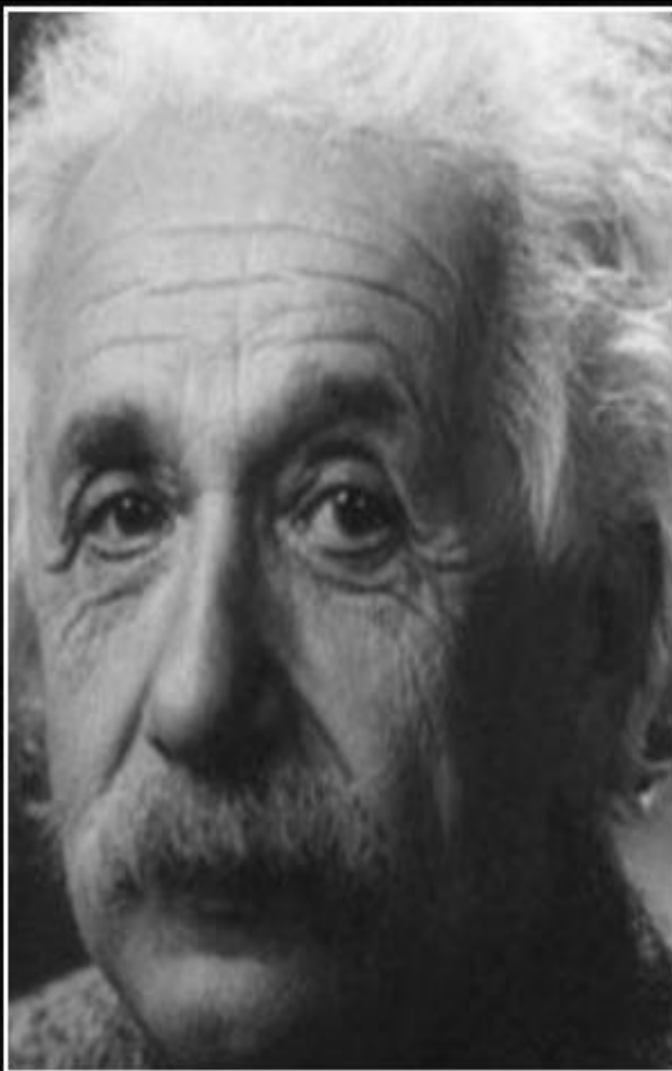
“The formulation of the problem is often more essential than its solution, which may be merely a matter of mathematical or experimental skill”

Albert Einstein

"If I had an hour to solve a problem and my life depended on the solution, I would spend the first 55 minutes determining the proper question to ask, for once I know the proper question, I could solve the problem in less than 5 minutes."

- *Albert Einstein*



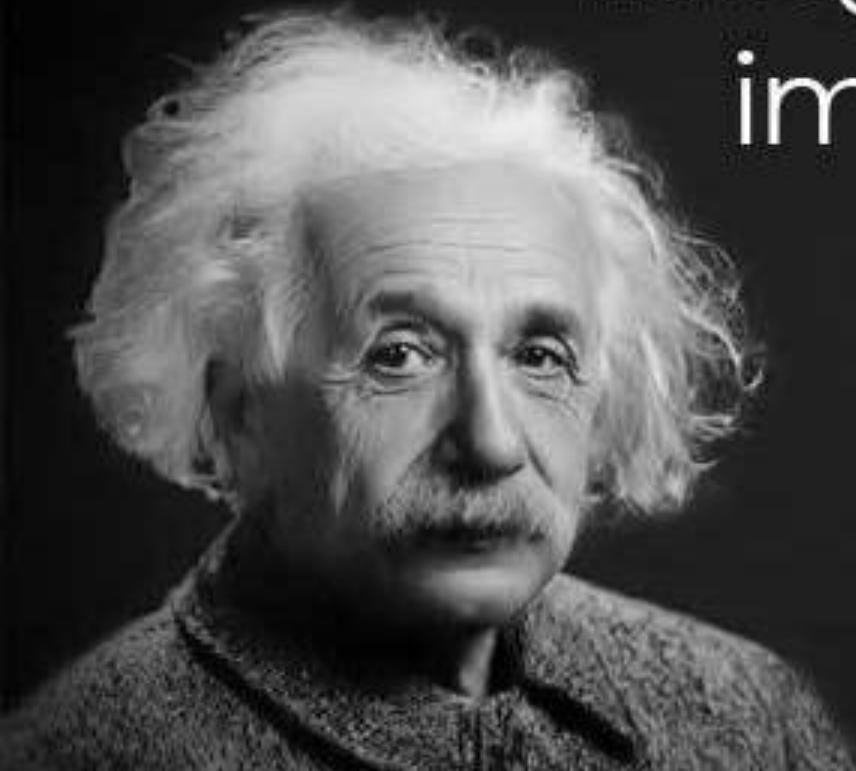


I believe in intuitions and inspirations...I sometimes FEEL that I am right. I do not KNOW that I am.

— *Albert Einstein* —

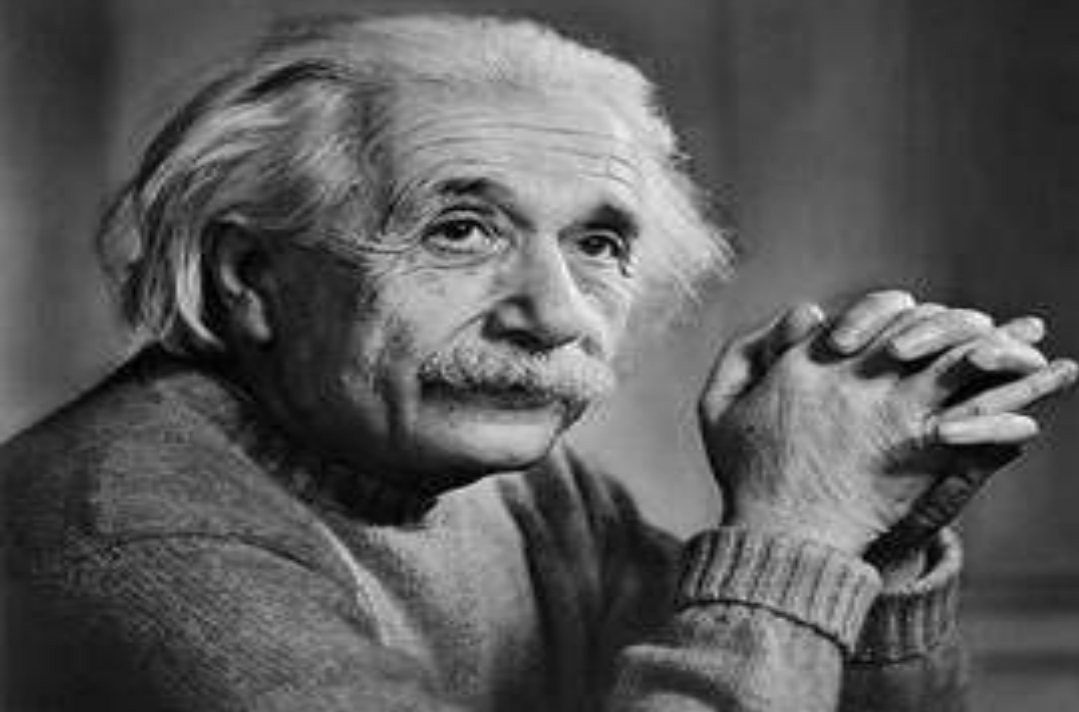
Imagination is more
important than
knowledge.

-Albert Einstein



If you can't explain it **simply**, you don't understand it well enough.

– Albert Einstein





"Everything is energy and that's all there is to it. Match the frequency of the reality you want and you cannot help but get that reality. It can be no other way. This is not philosophy. This is physics."

-Albert Einstein

**Offering your insights
+
Q&A**

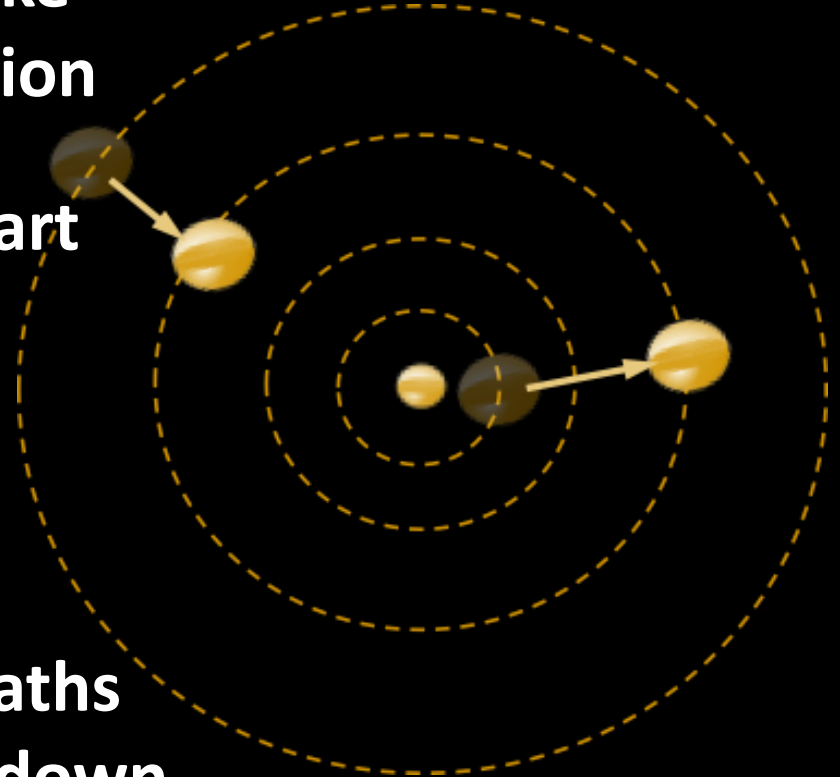
Coaching Demo

Please write down your observations about the Coachee's energy evolution and its 'messages' as we go along the session 😊



Adjust your energy and your client's energy to a productive level at the start of your conversation

- Be warm *and* still as 'a calm lake' from the very start of the session
- 'Cleanse' the client's mind/heart
 - release emotions
 - foster concentration
- Invite clients to take deep breaths when you need them to calm down



Enable your clients to formulate a 'problem' in a way that allows a resolution to emerge quickly

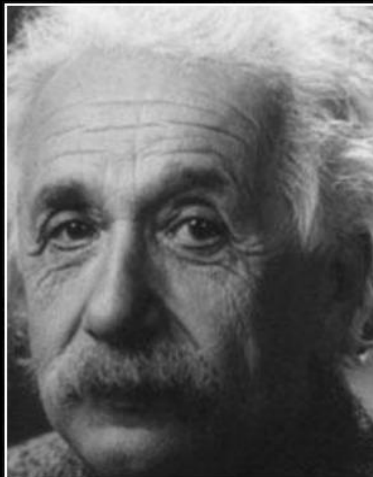
- Connect the whole body of the client
 - head - heart - guts...
 - ...through breathing for example
- Inquire about what's most important...
... "at the deepest level"
- Invite clients to simplify the problem;
doing so will accelerate its resolution



"Coach like Einstein would, and enable quantum leaps" – Jean-Francois Cousin

Unleash your clients' imagination and intuition in service of the resolution of the problem

- Detect metaphors, and invite clients – in the language of their metaphor - to explore what message they carry
- Invite 'visual clients' to draw what they 'see' and question the drawing in a 'clean language' way
- Question 'gut-feel'



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— *Albert Einstein* —

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Make sense of clients' energy and energy-shifts

“May I share?

I believe I sensed a special energy in you
when you said “a.b.c.” ...

Did you sense anything?

Where is it, in your body?

What could it be about?

What message does it have for you?

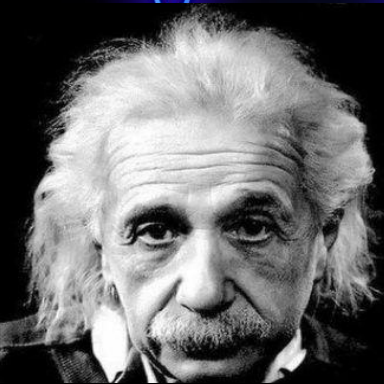
What's the shortest version of that message?



**TRUST THE VIBES.
ENERGY NEVER LIES.**

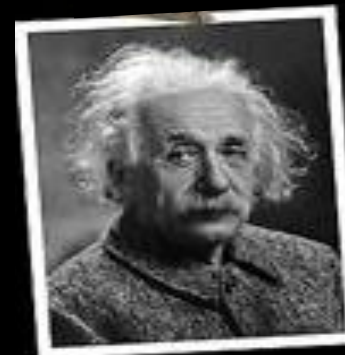
Ensure clients' energy "matches the frequency of the reality they want" and then, "get that reality"

- Invite your client to 'send' you the energy they will mobilize to 'get the reality they want'; give 'feedback'
- Inquire about any mismatch between your client's expressed ambition and apparent energy
- Challenge signs of lack of confidence ('*maybe*', '*I could*' ...), with warmth and humor 😊



"Everything in
Life is Vibration."

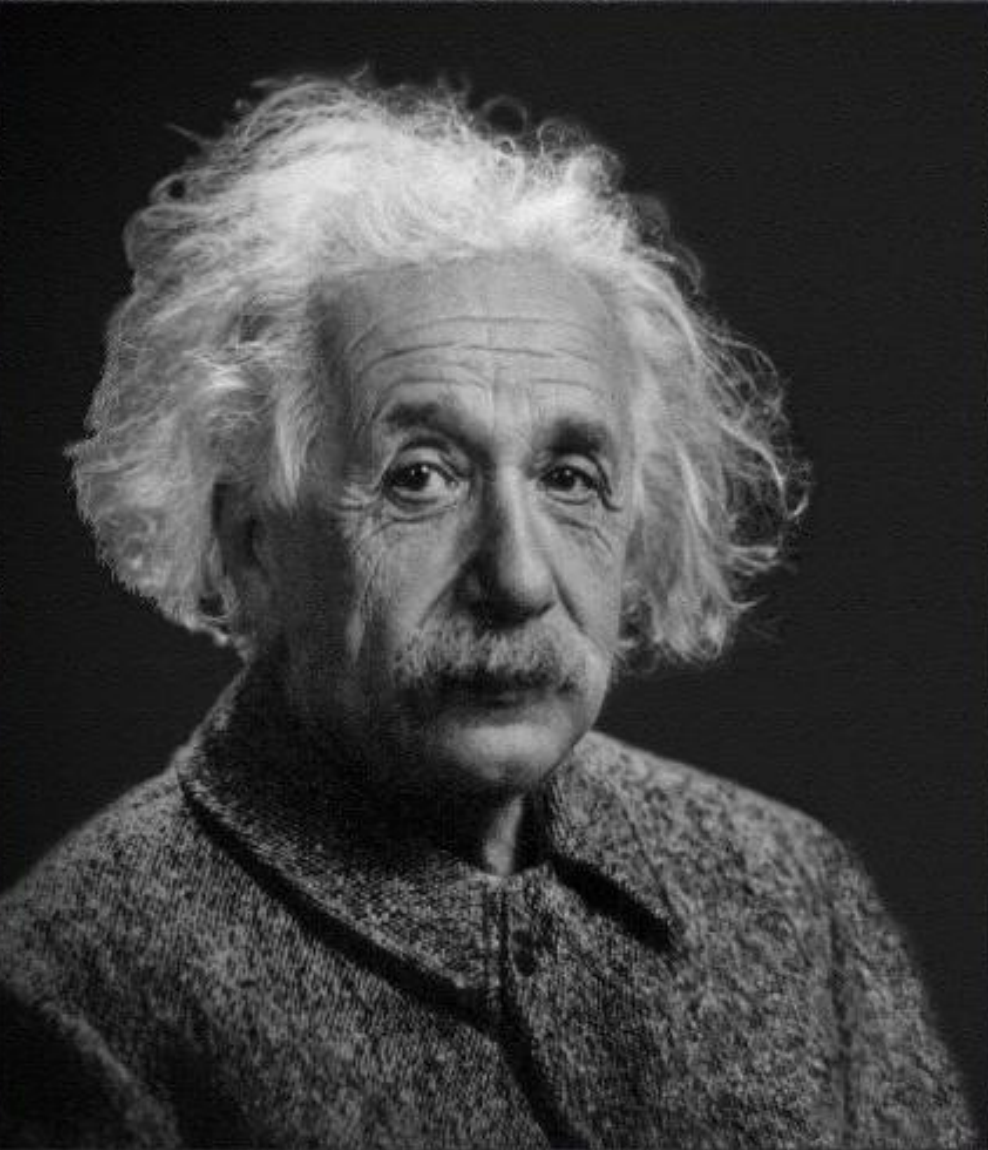
Albert Einstein



"Energy cannot be
created or destroyed,
it can only be changed
from one form
to another."

Albert Einstein

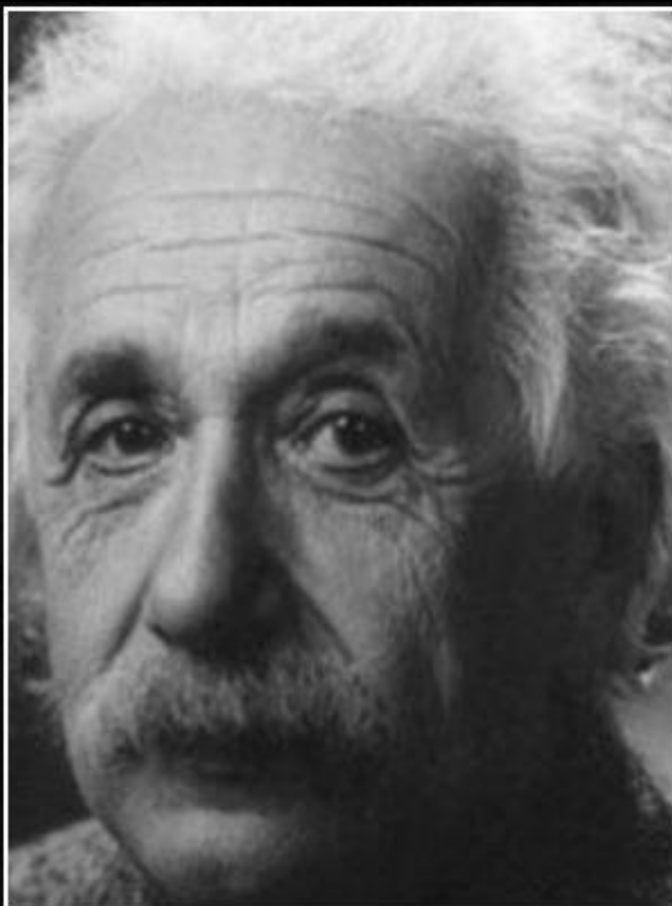
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"The important thing
is not to stop
questioning.

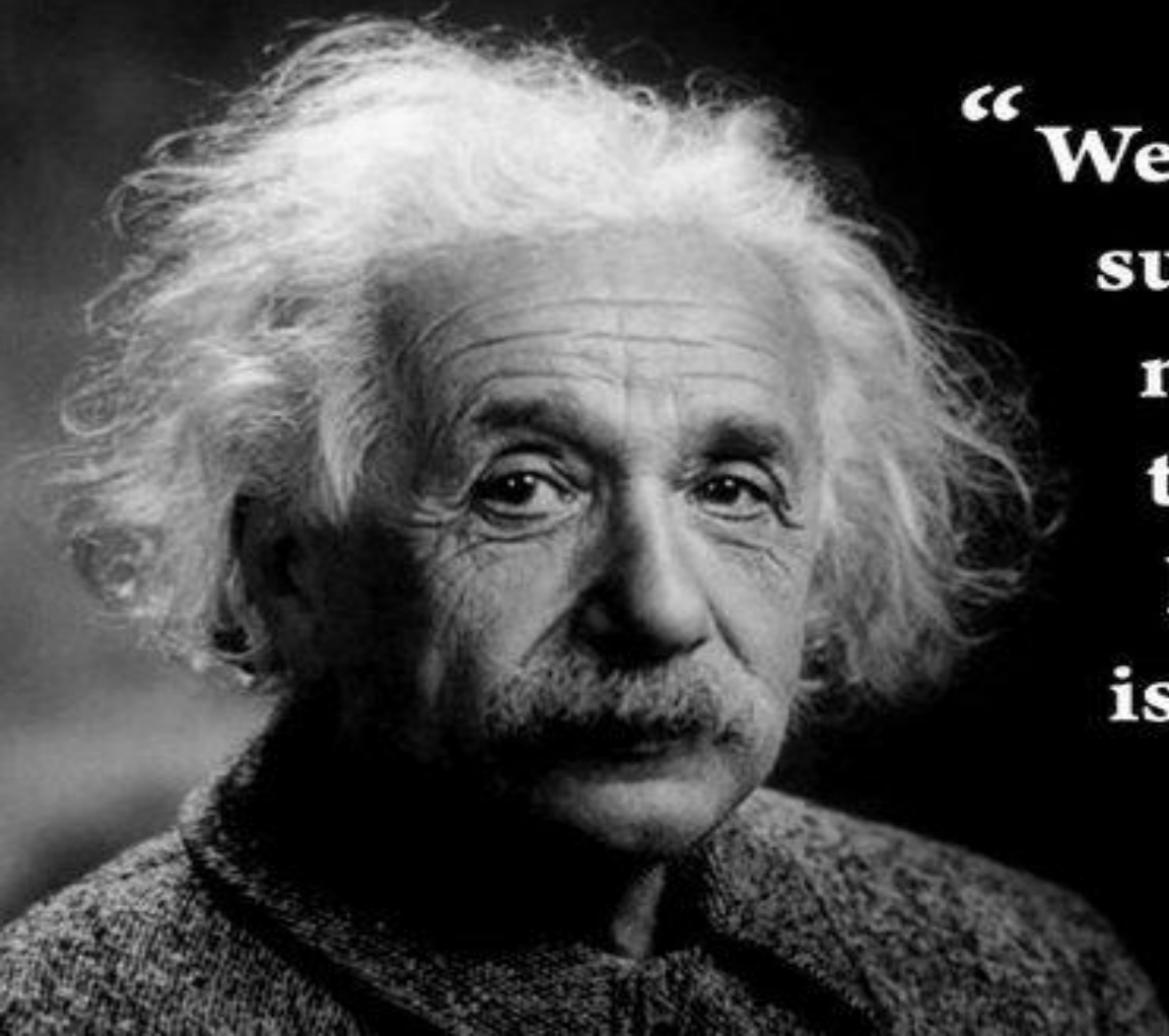
Curiosity has its
own reason
for existing."

- Albert Einstein



Don't listen to the person who has
the answers; listen to the person
who has the questions.

— *Albert Einstein* —

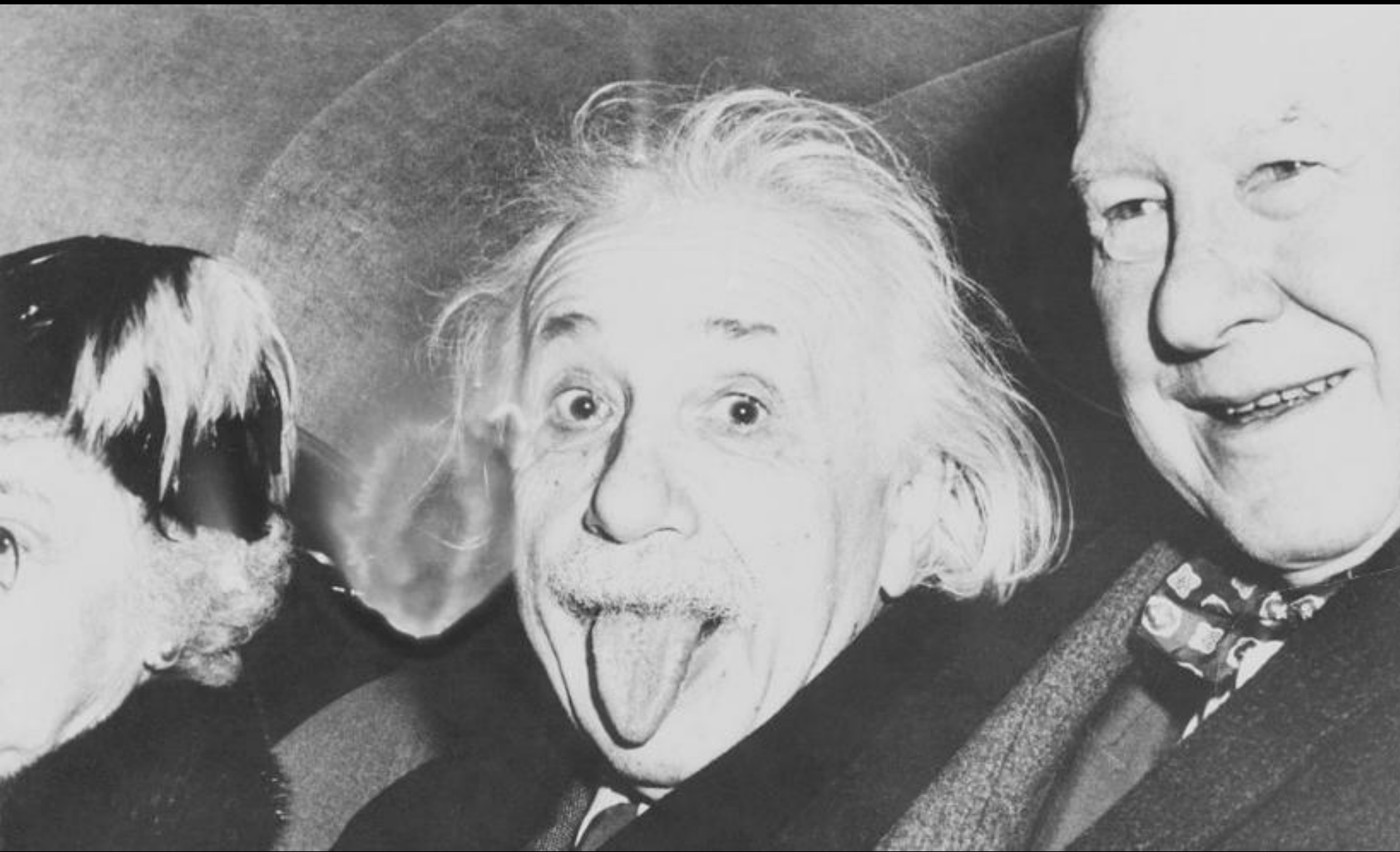


**“We shall need a
substantially
new way of
thinking if
humanity
is to survive.”**

**Albert Einstein,
1954**









Offering your insights

+

Q&A

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**Coach Like Einstein would
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Coaching Demo
Thank You for Your Energy! 😊**

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